

## **Strawberry Sunrise Shake**

- 1 box of silken tofu
- 1 cup fresh strawberries
- 1/2 cup orange juice
- 1 tablespoon honey or brown rice syrup
- 1 tablespoon fresh lemon or lime juice
- 1 cup ice cubes

Puree all ingredients in a blender until creamy and smooth.

**Serves 2**