

Fresh Fruit with Yogurt Lime Sauce

Just about any combination of fruits will work for this summer treat, as long as they are fresh. In summer, peaches and berries are wonderful with melon. In winter, apples, walnuts, bananas, and oranges make a nice combination.

- 1 peach sliced
- 1 cup melon pieces
- 1/2 cup blueberries

Yogurt Lime Sauce

- 1 tablespoon honey
- 1 tablespoon lime juice
- 1/2 cup yogurt

Combine peach, melon, and blueberries in a bowl and chill.

To make sauce, heat honey in a small saucepan until thinned.

Mix in lime juice, then add yogurt, stirring vigorously until thoroughly blended, then chill.

To serve, divide fruit between two individual serving dishes and top with sauce. Serves two.