

Awesome Avocado Mix

- 1 ripe avocado, pitted, peeled, and diced
- 1 Roma tomato, chopped
- 2 green onions, chopped
- 1/3 cup feta or goat cheese
- 1-2 tablespoons chopped fresh cilantro
- 1/4 teaspoon cayenne pepper
- 1/4 teaspoon garlic salt
- 1 tablespoon lime juice

Gently toss all ingredients.

Let stand for 10 minutes to blend flavors.

Spread on sandwiches or bagels, serve with pita chips, scoop onto mashed potatoes or fold into an omelet.