

Sunrise Breakfast Casserole

This recipe would work really well for Sunday morning!

Make it the night before so that when you come home from church you can put it in the oven while you enjoy family time!

3 links of Tofurkey Italian Sausage

6 eggs

1½ cups almond milk

1 teaspoon ground mustard

½ teaspoon Celtic sea salt

½ teaspoon ground organic pepper

1 pkg. Cascadian Farm organic hash brown potatoes

1 cup grated Alta Dena sharp cheddar cheese

1 pkg. Cascadian Farm frozen organic spinach, defrosted and squeezed to remove excess liquid

3 tablespoons organic green onions, sliced

1 cup Field Day mild salsa

Defrost and cut sausage into ¼ inch coins. In a large bowl whisk eggs, milk, and seasonings. Add sausage, hash browns, cheese, spinach, and onions. Pour into a greased 8 by 8 baking dish. Cover and refrigerate overnight. Remove from refrigerator an hour before baking. Preheat oven to 350°. Bake uncovered for about an hour or until knife comes out clean. Let stand for 10 minutes before serving. Serve with salsa.